

SERVICES AND PRICING

Effective: October 2026 | Kent, Washington

Start with a free consultation. Choose a phone call or an in-person conversation. A brief movement screen may be included when appropriate. Paid treatment is billed by appointment length, with no separate evaluation premium.

01 FIND YOUR STARTING POINT

An individual appointment buys one-on-one time with your physical therapist. Hybrid and Baseball RAP add management of the athlete's work between appointments.

APPOINTMENT-BASED CARE INDIVIDUAL PHYSICAL THERAPY

One-on-one treatment, guidance, and a focused home program, without ongoing weekly program management.

- You need focused one-on-one treatment
- You want a home exercise program built for you
- You don't need your full training week managed

Starting at **\$80** per 30-minute visit

[Details on page 2](#)

PT PLUS A MANAGED PROGRAM HYBRID PERFORMANCE REHAB

One-on-one physical therapy plus a complete performance program for the work between appointments, delivered remotely and reviewed weekly.

- You play a sport other than baseball, or train as an active adult
- You train at your own gym, field, court, track, or school
- You want the work between visits managed

Starting at **\$180** per week

[Details on page 2](#)

BASEBALL-SPECIFIC BASEBALL REHAB ADVANTAGE PLAN (RAP)

Integrated physical therapy, strength programming, throwing progression, and return-to-baseball management inside Driveline Baseball.

- You're returning from surgery or serious injury
- You need a managed return to throwing
- You want to train inside Driveline Baseball

Starting at **\$200** per week

[Details on page 3](#)

Not local, or just need a program? Remote Performance Programming is a complete program with a weekly 45-minute video visit, with in-person visits booked only when needed. \$112.50 per week, billed as \$450 per four weeks. Details on page 3.

02 HOW IT WORKS

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|-----------------------------|---|
| 1. Free consultation | Phone or in person. We talk through the problem and recommend a starting point. |
| 2. Pick your path | Individual PT, Hybrid, Baseball RAP, or Remote Programming. You can change as your needs change. |
| 3. Choose how to pay | Pay weekly or per visit at the standard rate, or save by committing to an eight-week plan or buying 8 or more sessions. |

03 INDIVIDUAL PHYSICAL THERAPY

SERVICE	STANDARD PRICE
Physical therapy, 30 minutes	\$80
Physical therapy, 45 minutes	\$120
Physical therapy, 60 minutes	\$160

A paid 60-minute evaluation is \$160, the same as any other 60-minute visit.

Included with each visit

- One-on-one assessment and treatment
- A focused home exercise program when appropriate
- Program changes at scheduled appointments
- Return-to-activity guidance

04 BUY 8 OR MORE SESSIONS AND SAVE

Purchase 8 or more individual sessions at once, in any combination of 30, 45, or 60-minute appointments, and receive a discount on every session in the bundle.

SESSION	PAY PER VISIT	PAID UPFRONT (10% OFF)	CHERRY FINANCING (5% OFF)
Physical therapy, 30 minutes	\$80	\$72	\$76
Physical therapy, 45 minutes	\$120	\$108	\$114
Physical therapy, 60 minutes	\$160	\$144	\$152

Discounts apply to bundles of 8 or more sessions and cannot be combined. Cherry financing is subject to approval. A session bundle is pre-purchased appointment time and remains Individual Physical Therapy.

05 HYBRID PERFORMANCE REHAB

One-on-one physical therapy plus a complete performance program for the work between appointments. The program is delivered remotely and reviewed weekly, with changes based on symptoms, training response, testing, and sport demands. Most lifting and sport work happens in the athlete's own training environment, with in-clinic gym work during scheduled care when appropriate. Hybrid continues for as long as the athlete's clinical plan requires.

PLAN	WEEKLY ONE-ON-ONE TIME	STANDARD	PAID UPFRONT, 8 WEEKS	CHERRY, 8 WEEKS
Tier 1	60 min 2 x 30 or 1 x 60	\$180/week \$1,440 for 8 weeks	\$1,296 10% off, \$162/week	\$1,368 5% off, \$171/week
Tier 2	90 min 2 x 45 or 3 x 30	\$270/week \$2,160 for 8 weeks	\$1,836 15% off, \$229.50/week	\$1,998 7.5% off, \$249.75/week
Tier 3	135 min 3 x 45	\$405/week \$3,240 for 8 weeks	\$2,592 20% off, \$324/week	\$2,916 10% off, \$364.50/week

Standard weekly payment is always available with no commitment. Paid-upfront and Cherry prices require an eight-week commitment and cannot be combined. If a Tier 1 to Tier 3 athlete needs additional one-on-one time during a given week, that week may be billed at the next tier. The clinician will discuss the change before the additional time is provided.

06 BASEBALL REHAB ADVANTAGE PLAN (RAP)

Integrated physical therapy, strength programming, throwing progression, and return-to-baseball management inside Driveline Baseball. Includes a complete multi-day rehab and strength program with weekly review, baseball-specific return-to-throw management and workload decisions, mound and bullpen integration when clinically appropriate, and Driveline training-space access as defined by the plan.

PLAN	WEEKLY ONE-ON-ONE TIME	STANDARD	PAID UPFRONT, 8 WEEKS	CHERRY, 8 WEEKS
Tier 1	60 min 2 x 30 or 1 x 60	\$200/week \$1,600 for 8 weeks	\$1,440 10% off, \$180/week	\$1,520 5% off, \$190/week
Tier 2	90 min 2 x 45 or 3 x 30	\$300/week \$2,400 for 8 weeks	\$2,040 15% off, \$255/week	\$2,220 7.5% off, \$277.50/week
Tier 3	135 min 3 x 45	\$450/week \$3,600 for 8 weeks	\$2,880 20% off, \$360/week	\$3,240 10% off, \$405/week

Standard weekly payment is always available with no commitment. Paid-upfront and Cherry prices require an eight-week commitment and cannot be combined. If a Tier 1 to Tier 3 athlete needs additional one-on-one time during a given week, that week may be billed at the next tier. The clinician will discuss the change before the additional time is provided.

07 REMOTE PERFORMANCE PROGRAMMING

\$112.50 per week, billed as \$450 per four weeks

A complete sport-specific rehabilitation or performance program with a weekly video visit with your physical therapist. In-person visits are booked separately at standard rates when needed.

- One 45-minute video visit with your physical therapist each week
- A complete individualized program
- Changes based on progress and feedback
- Direct communication related to the program
- Return-to-sport or return-to-throw planning when appropriate

Scheduled in-person visits and Driveline training-space access are not included.

IN-PERSON VISIT	STANDARD RATE
Physical therapy, 30 minutes	\$80
Physical therapy, 45 minutes	\$120
Physical therapy, 60 minutes	\$160

08 STEMWAVE

StemWave is an acoustic wave therapy used alongside rehabilitation, and a typical course runs 8 to 12 weeks. StemWave is \$65 when it is part of an ongoing care relationship, added to a visit or to a Hybrid or Baseball RAP plan. StemWave on its own without a plan is \$105.

SERVICE	STANDARD	REMOTE PROGRAMMING CLIENTS	HYBRID OR BASEBALL RAP CLIENTS
Physical therapy + StemWave, 30 minutes	\$145	\$145	Plan + \$65
Physical therapy + StemWave, 45 minutes	\$185	\$185	Plan + \$65
Physical therapy + StemWave, 60 minutes	\$225	\$225	Plan + \$65
StemWave only, 15 minutes	\$105	\$65	\$65
STEMWAVE-ONLY PACKAGE	PAY PER SESSION		
8 sessions	\$840	\$756	\$798
12 sessions	\$1,260	\$1,134	\$1,197

09 PAYMENT, INSURANCE, HSA, AND FSA

Ways to pay

- Pay per visit or weekly at the standard rate
- Prepay an eight-week Hybrid or Baseball RAP commitment, or a bundle of 8 or more individual sessions, by cash or card at the applicable discount
- Finance the same through Cherry, subject to approval
- Discounts cannot be combined and do not shorten the clinical plan
- Prepaid plans include up to four additional weeks to use missed scheduled sessions

Insurance, HSA, and FSA

- Athletic Potential PT is an out-of-network, private-pay provider
- An itemized receipt can be provided for possible out-of-network reimbursement, which is not guaranteed
- HSA and FSA cards may be used for eligible visits as they are provided
- HSA and FSA cards cannot be used to prepay future services or through Cherry

10 BOOK YOUR FREE CONSULTATION

Call or text	636-208-7866
Email	dylan.newcomer@athleticpotentialpt.com
Online	athleticpotentialpt.com
Location	Athletic Potential PT, inside Driveline Baseball, Kent, Washington

Choose a phone call or an in-person conversation. We will talk through the problem and recommend the right starting point, whether that is individual physical therapy, Hybrid Performance Rehab, Baseball RAP, or Remote Performance Programming.